

http://www

# International College of Herbal Medicine

Specialists in Herbal Education

19th Feb 2012  
General Newsletter

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## Summer Newsletter – Kia Ora to you all.

\*\*\*NEW\*\*\* Schumacher College, UK, is offering a Certificate *in Holistic Science and Economics for Transition* in NZ. Contact us for details.

### IN THIS ISSUE

- 1 'ICOHM Subscribers', an invitation to be a part of the ICOHM on-line college.
- 2 An abstract from a *\*new\* type of Plant Profile*
3. *NZ Workshops*  
\*New Plymouth - 2 options  
\*April at Phytofarm on 'Connecting with Roots'
- 4 *ICOHM units and other offerings globally - Conference and Workshops in US/Can in June/July*



*Sambucus nigra*

**This Newsletter is full of opportunities to meet, listen to, dialogue with, read, participate and become a part of a global network, a mycelium of connections that is connected to all lifeforms on the planet.**

**I am excited by the interest shown in our 'ICOHM Subscribers', your access to our Library of information, knowledge and wisdom.**

**Mary Allen (Editor of Avena) said** *Oh my God, this is so amazing I could cry! Thank you so much for sharing.*

### An Introduction to your year with the International College of Herbal Medicine

When you sign in at first, **Scroll Down to 'Superfoods, Superweeds and the ABC of Greenroots Medicine'**. This contains three files that make up 80 pages of great information, health tips and how to use the smallest number of plants for a range of commonly experienced health conditions. It has been peer reviewed by Dr. Nicky Baillie and is a great resource.

You will be notified regarding the Dates of the 4 Webinars and how to access those. For 2012 we have webinars with;

- ♣ Isla Burgess (New Zealand) on 'Mainly about Weeds'
- ♣ Dr. Nicky Baillie NZ on 'Living with Cancer'
- ♣ Amanda McQuade Crawford (USA) 'Mainly for Women'
- ♣ David McLeod (Australia) on 'Mainly for Men'

All these practitioners are astonishingly skilled clinically but the Webinars will be for all.

For those with a **General Interest** in Herbs, Health and Herbal Medicine the areas to check out first are;

- ♣ General Interest
- ♣ Plant Profiles with a Difference
- ♣ icohm Students Work

For **Students and Teachers** all areas will be of interest with the 'Year Three Case Study Archives' of particular value. These will be added to if there is a demand for further cases.

There is much for the **Practitioner** also, 'Research Papers', 'icohm Faculty Papers' among others.

**You will be notified when new papers or articles are added or changes made.**

**I hope you enjoy the webinars and the resources.**

**Become an ICOHM Subscriber? See next Page.**



Elder has captivated my full attention this week as I compete with the the Birds for the berries. I loved my Elderflower fizz over the summer but have to confess that not all bottles 'fizzed'.

It inspired me to begin writing a \*NEW\* type of Plant Profile, not one you would find anywhere else, actually, but what I have called '**A Plant Directed Learning Profile**'. A new series that gets you all out there and trusting that there is a relationship with the plant world you have yet to experience.

The whole piece is in our **ICOHM Subscribers Library** but here is a small excerpt. I am intending to write many more of these over the year.

*In this series of Plant Profiles with a difference, I am going to take you through a process of learning from plants directly. We will at times cross reference to check to see how we are doing compared to the existing literature and research, but for the most part we are relying on ourselves. You will get the most from this if you can find the plant to spend time with, even better if you have other people to work with.*

From Tania Kettle on the Unit '*Grassroots Herbal Medicine*' available anytime on [www.HerbCollege.com](http://www.HerbCollege.com)

*"I am loving the way you write your course - it's pretty fabulous!"*

This unit and others are available for anyone and a great way to connect with the plants growing around you.

Enrolling now for;  
Grass Roots Herbal Medicine  
Herbal Medicine, Children and Babies  
Manufacturing Herbal Medicine  
Plant Language and more...

[www.HerbCollege.com](http://www.HerbCollege.com)

### **'A Plant Directed Learning Profile' with Elder *Sambucus nigra***

***Mother, Protector, Wholly nourishing, Enveloping, Resilient, Insightful and more...***

***The article outlines the three stages of knowing...***

***Immersion, Incubation and Inspiration – what can I say? It is inspiring!***

### **Register for ICOHM Subscribers to access this new Plant Directed Learning Profile**

**We have had a few requests as to how to do this;**

Please go to [www.HerbCollege.com](http://www.HerbCollege.com) website and 'click' on 'Become an ICOHM Subscriber'. That will take you through to the Registration Form.

Complete that and 'click' on 'Subscribe Now' and that will take you through to Paypal. Paypal is set up to charge your account US\$10.00 a month for 12 months - a requirement for access.

If you are in NZ and this is not OK for you please contact us on [admin@HerbCollege.com](mailto:admin@HerbCollege.com) for other payment options.

## NEWS and EVENTS

**In New Zealand in March in New Plymouth****March 11th and March 12<sup>th</sup>****Two Separate Workshops with Isla Burgess, register for one or both****Workshop 1: Superweeds & Superherbs March 11<sup>th</sup> 2012 10-4pm****Workshop 2: Manufacturing Herbal Medicines March 12<sup>th</sup> 2012 10-4pm**To register or for more info. contact: Carol Burgess on 06 7588677 or [carol.roger@xtra.co.nz](mailto:carol.roger@xtra.co.nz)**In New Zealand at Phytofarm****April in in Little River, Christchurch****Connecting with Roots – A 2 day Plant Directed Learning Workshop with Isla Burgess****April 20<sup>th</sup> and 21<sup>st</sup>**To register and for more info Contact [valmai@phytofarm.co.nz](mailto:valmai@phytofarm.co.nz) or Isla on [isla@herbcollege.com](mailto:isla@herbcollege.com)**International US and Canada****June/July 2012**

Plant Immersion, Incubation and Inspiration -- the Plant/Person Relationship

June 23 – 24

Wise Woman Center near Woodstock, NY 2012

Engage fully with the plants. Actively participate in their world. Reweave yourself into the plant/person relationship in healing. You will be immersed through simple exercises into the pace and vibration of the green nation. Isla is someone you will never forget and never regret spending time with.. Go to

[www.herbalmedicinehealing.com/store/store\\_results.asp?Category=3&SubCat=1007&Section=One%2DDay+Workshop](http://www.herbalmedicinehealing.com/store/store_results.asp?Category=3&SubCat=1007&Section=One%2DDay+Workshop)INTERNATIONAL  
COLLEGE OF  
HERBAL MEDICINE**Wisconsin, US in July 2012****A Conference, plant walks and a 3 Day****Intensive** and more...**The Midwest Women's Herbal Gathering**, June 29, 30 and July 1, 2012**Pre- Conference Intensive**

"Sensitivity, Susceptibility, Strength and Resilience - can plants assist us in adapting to a rapidly changing world?"

Find out more on <http://www.midwestwomensherbal.com/>**Plant/Person Relationship in Healing –A plants-as-teachers hands-on intensive with Isla Burgess (NZ), Medical Herbalist and Holistic Scientist**

Unique, inspiring, intense. Many local people experienced Isla's experience and passion on her visit here last year, join us this year for more...

<http://www.moonwiseherbs.com/classes-and-workshops/wise-woman-guest-herbal-series>

There will be more workshops with Isla in Toronto, Canada at 'Flower Power' a beautiful small herbal place in New York, and likely in New Jersey. I will let you know.

*Such a year of metamorphic transformation ahead for the planet and all that is a part of it. Share some of 2012 with ICOHM.*